

**Dear Dionne,**

As we start the new year, we would like to take a moment to say thank you to everyone who has been our guest at Flaunt. Our October Open House was a huge success, and we are looking forward to hosting another event this spring/summer.

Also, we'd like to introduce you to our first newsletter! In the coming weeks and months, we'll share with you our knowledge, passion for what we do, as well as special announcements, tips and promotions. We hope that you enjoy hearing from us, and that you have a peaceful and wonderful 2009. See you at Flaunt soon!

Cheers,  
Dionne, Alex and the Flaunt team

**Don't you want others to Flaunt it too? Refer a friend to Flaunt, and they receive 20% off their service on their first visit, and you get 20% off your next visit!**

Referred guests are asked to bring this coupon to their appointment. Discount excludes products and bridal services, and cannot be combined with any other offers.

Flaunt Salon | 2204 E Broadway | Long Beach, CA 90803  
Phone: 562 433 8600  
www.flauptpeople.com

Offer Expires: 30 June 2009



This technique is so simple, anyone can do it with great results. Beginning with towel-dried hair, add in a quarter sized dollop of Grooming Creme from roots to ends to smooth and polish (the Grooming Creme will help the Surf Spray adhere to the hair). To maximize volume and wave, blow dry with a round brush in sections. Once dry, Surf Spray is concentrated on the roots, then dispersed to the ends to enhance the curl and give soft separation.

Voila.

For a perfect complexion, April first used Napoleon Perdis Pre-Foundation Primer before applying Jan Marini C-Esta foundation and a touch of Napoleon Perdis Camera Finish powder. Starting with the right base is key to any look whether it be a natural or dramatic style. Napoleon Perdis Mosaic in Blushing is great for both eyes and face. The color pallet can be blended

for a soft blush to enhance the cheeks, or you may choose to use a single color in the mosaic for eye color. With the right make-up and application, anyone can have flawless skin.

## Flaunt News

### Long Beach Museum of Art's Preferred Vendor!

We are honored to be chosen as a preferred vendor for the Long Beach Museum of Art for weddings and special events. Whether it be a bridal party or groomsmen, our dedicated team excited to be a part of our guest's event.

### Imonni Fashion Show - January 15th at Que Sera, Long Beach

Local designer Imonni will be featuring fashions from her boutique on "Retro Row" here in Long Beach. Flaunt will be styling the models hair and make-up, led by our own Lori Huitron, for this one-of-a-kind display of retro runway looks. Join us at the Que Sera (1923 E 7th St, LBC) on Thursday night. The show starts at 11:00 pm.

### Return of the Dj's on Saturdays

DJ Magneto is coming in from Santa Barbara this Saturday the 17th for an afternoon of funky vinyl at Flaunt.

### Jennifer Mendez - Junior Stylist

Many of you know Jennifer from her voice on the phone, or from behind the desk on Saturdays. We are pleased to announce that she will be joining the "talent" as a junior stylist starting January 21st. Congratulations!!

### Voluspa 50% off SALE

While stock lasts, all Voluspa products are available for 50% off.

## Starting the New Year right... from the inside out.

Antioxidants like lycopene and vitamin C, as well as soy protein and omega-3 fatty acids, help keep skin glowing. Antioxidants have long been the rage in topical skin care, but those same nutrients work even better from the inside out. When skin (the body's largest organ) is exposed to the sun's rays, free radicals develop. These free radicals attack the skin and impair blood flow to the area, causing premature aging. Antioxidants fight that process.

Vitamin C, found in citrus fruits, facilitates collagen production, a critical component for vibrant skin. Another antioxidant, lycopene, found in foods like canned tomatoes and red grapefruit juice, also promotes skin health. Tofu is a good option since its omega-3 fatty acids help regenerate new skin cells and reduce inflammation, while its soy protein has been shown to boost collagen.

Shiny, healthy hair starts with the vitality of cells in the hair follicle, where hair is manufactured. Eat foods high in calcium and quality protein like eggs, dairy, or fish. Eggs also provide biotin, a structural component of both bone and hair. Vitamins B6, B12, and folate nourish follicle cells too.

-Cooking Light Magazine - January/February 2008