



Dear Dionne,

One of the best things about being in the beauty business is having the opportunity to see your colleagues do their magic. On the 15th of January, we had the privilege of watching the Flaunt team in full effect for the Immoni fashion show. We'd like to give all our people a special shout out for making our jobs and lives that much more than what it was yesterday.

Grazie,
Dionne & Alex

(click on the pics below to see a slide show of the night)

Winter Skin Specials

Flaunt Deluxe Facial & brow shaping - \$60

Whether you are ritualistic about skin care or a first timer, this is a great value. (regular price \$95)

30% off all Decleor every Wednesday in February

New to Decleor? Our skin care specialists are happy to assist you with a complimentary skin analysis and product consultation.

Flaunt Salon | 2204 E Broadway | Long Beach, CA 90803

Phone: 562 433 8600

www.flauptpeople.com

Offer Expires: 28 February 2009

Flaunt News

Flaunt People on Facebook

Befriend us and see what's going on in the Flaunt world, and we can see what's going on in yours!

Jennifer Mendez - Junior Stylist

As mentioned in our last letter, Jennifer has joined our team. As a new stylist in the mix, Jennifer is offering special pricing for her services. Inquire in person or give us a ring!



*** Winter Skin ***

Winter is a great time for catching up with projects, baking, hot baths, spending quality time with a book and a cup of coffee.... What's not so awesome about winter is the mess it can make of your skin.

We've declared war on winter abuses and you can join in on the fight. For the month of February, treat yourself (and your

largest organ) to a Flaunt Deluxe Facial for 20% off. On top of that, we'll throw in a complimentary brow shaping. After all, it is the month of love...

April, one of our skin care experts, is a fan of Decleor, and for good reason. The core concept behind this French line is the nourishment of skin with 100% natural essential oils. These highly concentrated oils can treat a variety of skin ailments, including aging, dryness, sensitivity, an oiliness. Decleor oils are preservative and paraben free.

Hair food.

Hair growth is affected by many factors, including genetics, age, medications, diseases, and yes, your diet. Like your nails, hair requires a nutrient-rich supply of blood to its follicles. A very low-calorie diet could slow its growth and even cause hair loss. But don't be alarmed by occasional fallout-most of us lose 50 to 100 strands a day. (However, if your hair loss seems excessive, consult a dermatologist.)

For the healthiest hair (and body) possible, you should eat a well-balanced diet that includes,

fatty acids (found in flaxseed oil and cold-water fish like salmon)

zinc and copper (found in fish, shellfish, meat, and poultry)

B vitamins (found in eggs, dairy, meat, and whole grains)

selenium (found in cruciferous vegetables).

-Cooking Light Magazine

Easy Salmon Bake

6-7 lb salmon fillet
2 lemons
salt and pepper
garlic salt
oregano
1/4 C. melted butter
chopped parsley
2 T. dry sherry

Place salmon skin-side down on cooking tray. Squeeze juice of 2 lemons over fish. Sprinkle with salt and pepper. And a hint of garlic salt. Sprinkle liberally with oregano. Pour melted butter over all. Sprinkle with chopped parsley. Slowly drizzle dry sherry over top. Bake at 350 degrees for 1/2 hour or until fish is opaque and flakes easily.

- A Taste of Oregon